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Qustodio Parental Control App:

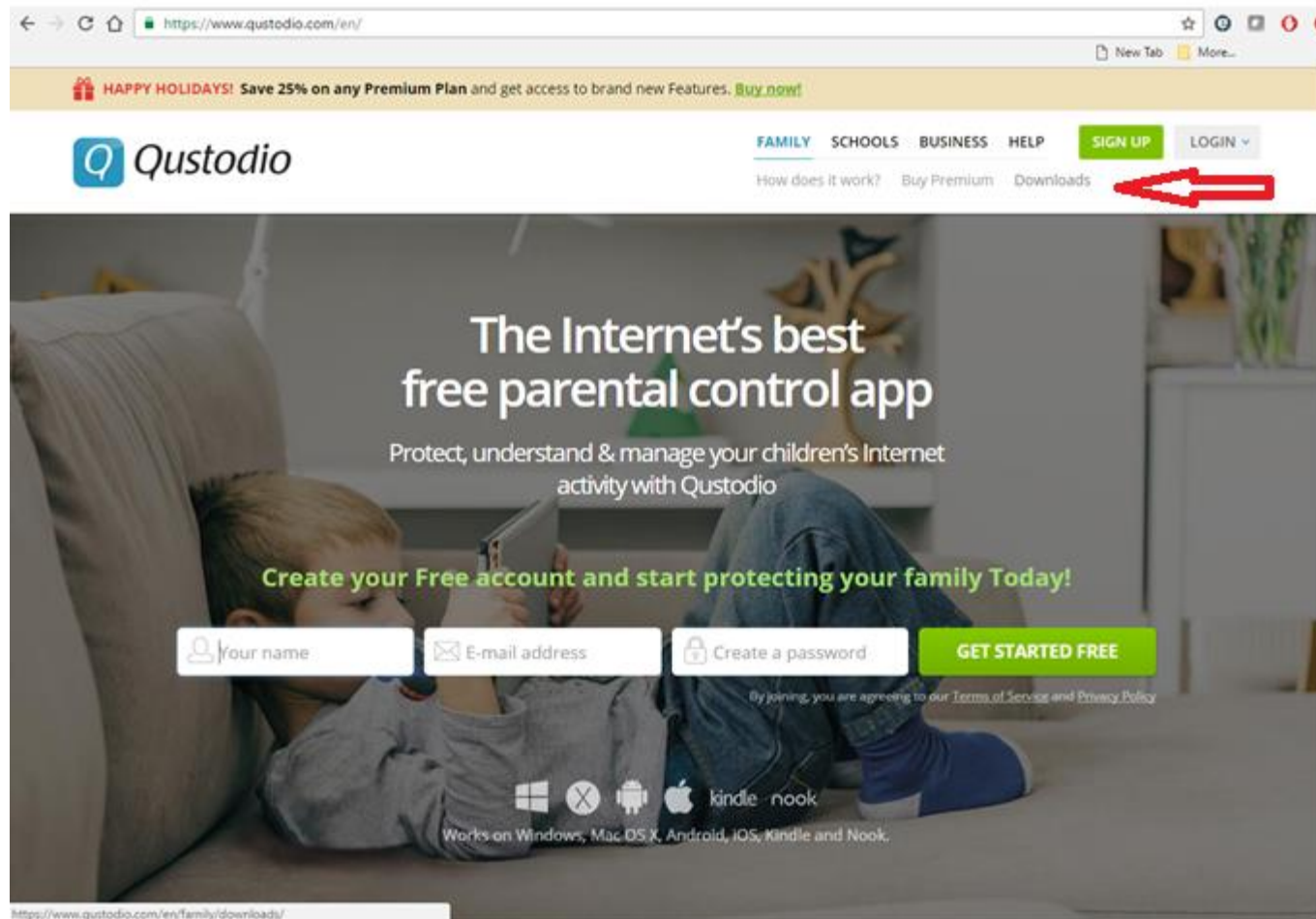
Installation and use guide

Works on     kindle nook

*This guide focuses on the free version on a Windows PC.

*Appendix A briefly describes the additional features of the premium version

Start by navigating to www.qustodio.com



Browse around a bit getting familiar with the product information. Then click the “Downloads” link near the top right.

On the downloads page, click the dropdown for “Download for Desktop” and select the “Windows” download.


← → ↻ 🏠 <https://www.qustodio.com/en/family/downloads/> ☆ ⓘ 🔍

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Install Qustodio on each device you'd like to manage



Download for Mobile

Android, iOS, Kindle



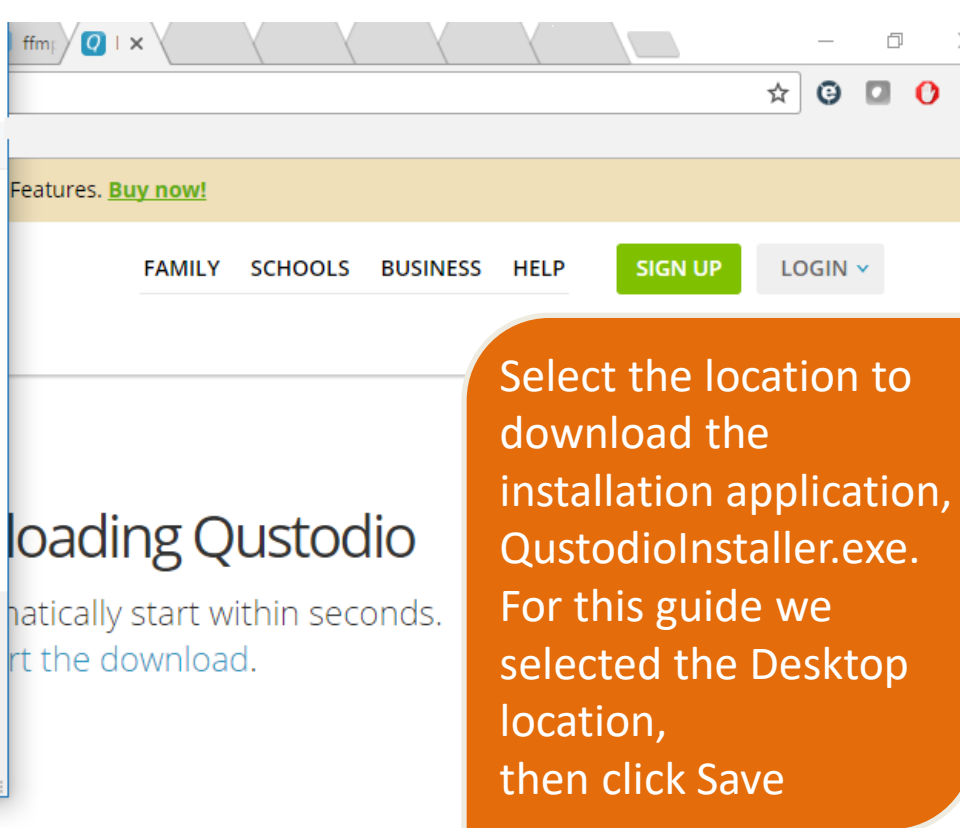
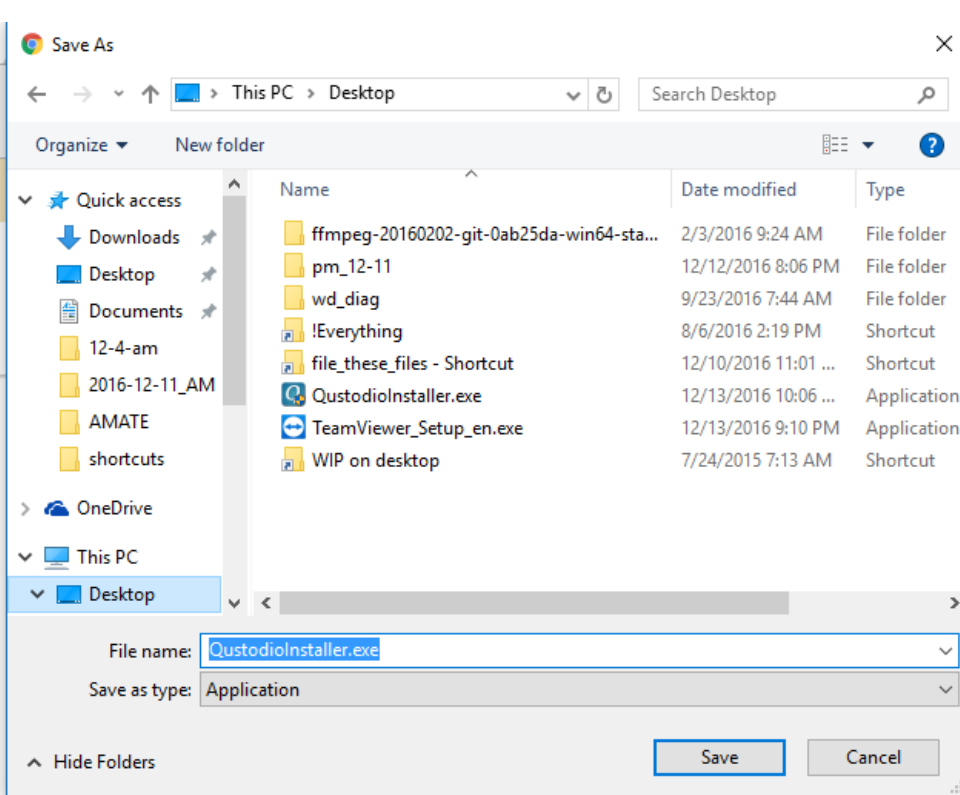
Download for Desktop

Windows & Mac

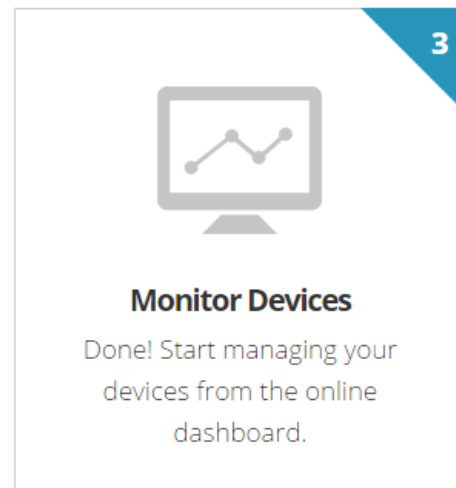
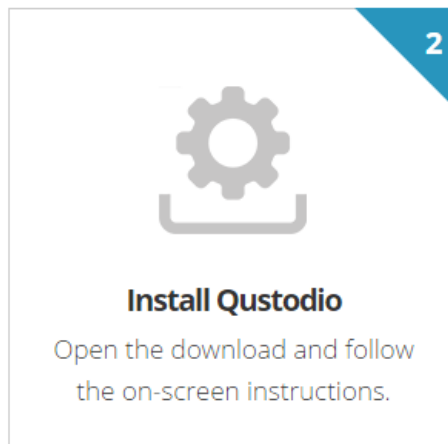
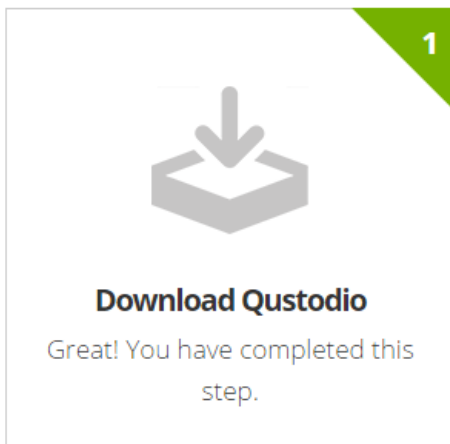
- Windows
- Mac

Need help? [Contact us](#)

<https://www.qustodio.com/en/download?os=Windows>

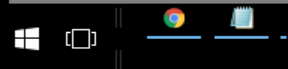


whats next...

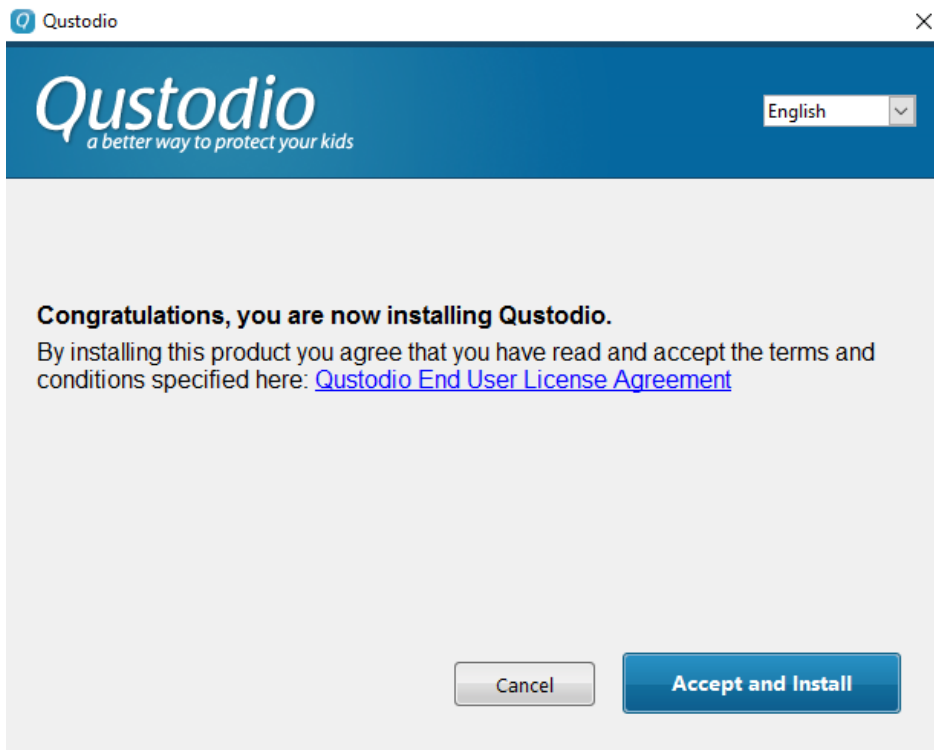




The download will start and soon complete.
Find the QustodioInstaller on your Desktop and double-click to open it

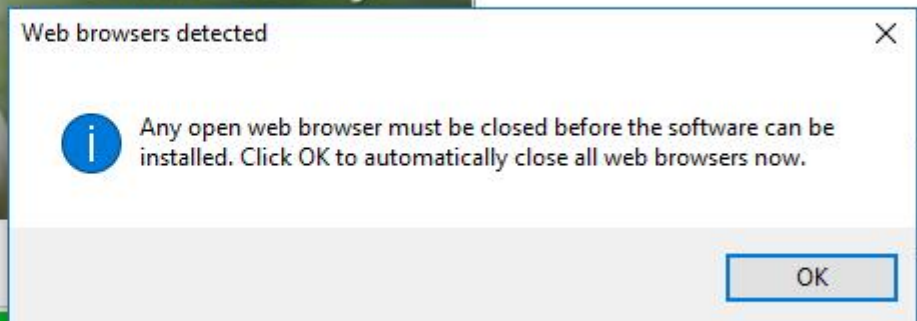


The Qustodio installation window will open.
Click the Accept and Install button on the bottom right of the window





The Qustodio install continues by downloading more. Once the download is completed, the installation will start.



You may see a message requesting permission to close any internet browsers that are open. Click OK to allow this. The installation will run and complete and then Qustodio will load

Welcome

Qustodio

This wizard will help you with setting up Qustodio for the first time.

- ☒ I don't have a Qustodio account
- ☐ I already have a Qustodio account

Qustodio will ask if you have an account. Click "I don't have a Qustodio account" and then "Next"

Enter in your information to create an account and then click "Next"

Create your Qustodio account

Qustodio

Your account provides access to the online Family Protection Portal where you can configure your child's protection settings and monitor their Internet use.

Name:

Email address:

Verify email address:

Password:

Verify password:

Previous

Next

Next you will be asked to name this computer. You can give it any name.

Naming it something meaningful might be useful. ie: kitchen laptop or "Billy's PC".

If you have Qustodio on more than one computer this will help identify which one a status report is referencing.

Welcome to Qustodio



About this device

Qustodio

Enter a name for this device. This will help you identify it more easily if you use Qustodio on multiple devices.

Device Name:

office-laptop

☐ **Hide Qustodio on this device**
Check this box if you don't want users on this device to see that Qustodio is installed.

Next

Welcome to Qustodio



Who uses this device?

Qustodio

Enter their name, birth year, gender and select an avatar.



Billy

Birth year: 1999

Gender:



Avatar:



Next

Using the checkbox you may choose to hide Qustodio from the users of the computer, or let users see it is running (an icon in the systray near the clock).

Recommend leaving this unchecked, let users see it is running.

Information screens.
Read and click “next”

Welcome to Qustodio

Welcome to Qustodio



As a welcome gift, we have given you
3 days worth of Qustodio Premium.

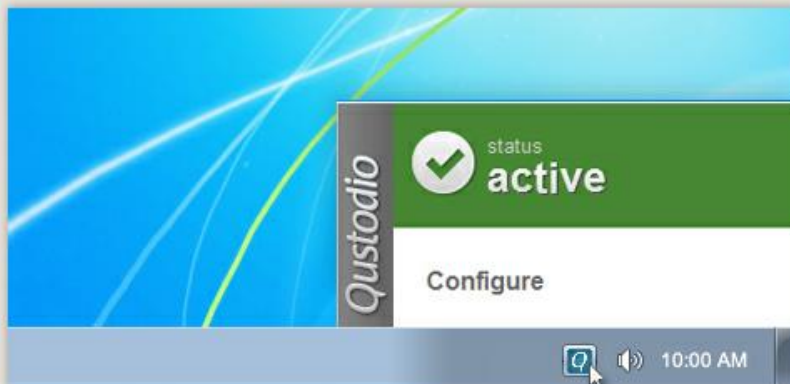
Once this period ends you can purchase Qustodio Premium or continue using Qustodio Free.

Next

Welcome to Qustodio

Qustodio has been installed

You can customize your settings by clicking the Qustodio icon on your taskbar.



Previous

Next



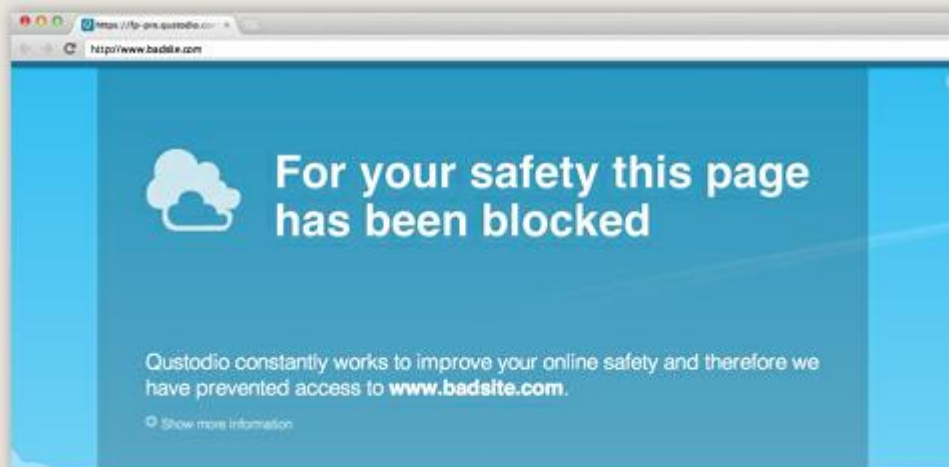
Access Qustodio from anywhere

Qustodio's colorful online dashboard condenses each child's Internet activity into easy-to-scan charts and graphs. Simply log in your Qustodio Family Portal.



Qustodio default protection settings

By default Qustodio has been set up to help you block dangerous and inappropriate Internet content. You can change this at any time by logging in your Qustodio Family Portal.



Two more information screens. Read and click "next"

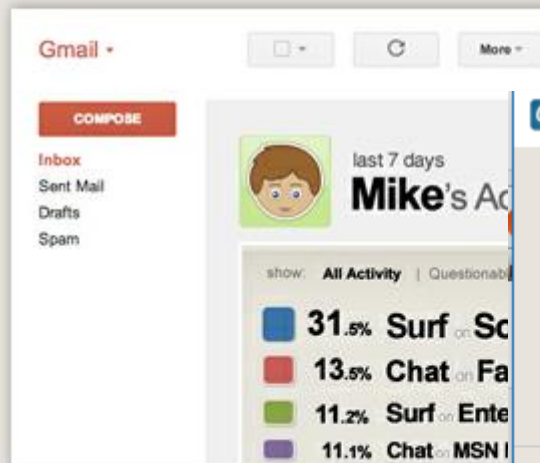
Previous

Next

Your daily usage report

To make things easier for you we have configured Qustodio to send you a daily email report to inform you of your child's activities.

You will now start to get emails from Qustodio. Most importantly a daily usage report shown at the end of the guide.



Done! Setup finished

Qustodio has finished installing. You can view your kids activity or configure rules at any time by visiting family.qustodio.com

[Go to my Family Portal](https://family.qustodio.com)

Final step is to configure and become familiar with your Family Portal (online webpage). This portal is detailed in the next section.

You will be getting an email to confirm your account. Click the button to confirm your registration.

You will also notice a new blue “Q” icon in your system tray. To get to your family portal at anytime click on this icon, and click “Configure Qustodio”

Qustodio
a better way to protect your kids

Dear

Thanks for installing Qustodio!

As a **welcome gift**, we are giving you 3 days of Qustodio Premium. After this period, you will be automatically switched back to Qustodio Free.

You need to confirm your account to fully activate Qustodio.
Please click the button below.

Confirm Your Account

Qustodio Protection Service is enabled

Qustodio Profile: Billy

Last configuration update

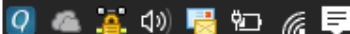
29 second(s) ago

Update now

Configure Qustodio

Disable temporarily

Help



10:30 PM
12/14/2016



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Qustodio Parental Control App:

Part 2:




- Using Family Portal


← → ↻ 🏠 <https://family.qustodio.com/user-activity/summary> 🔔 ☆

 **Qustodio** Premium Trial

Hello James Okken

Your trial expires in 1 day. [Upgrade Now!](#)

 **BILLY**  ADD PROFILE  ADD DEVICE


 Last 7 days
Billy's Activity summary
Currently online

Activity summary Social activity Web activity Activity timeline Rules

Track device activity 1/6

The activity summary view gives you an overview of each user's activity on websites, applications, search and chat

[Skip tour](#) **Next**



Today
▶ Last 7 days
Last 15 days
Last 30 days

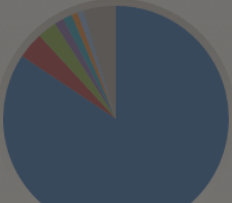
3.8% Using Paint

2.8% Using The Holy Bible

1.3% Using Direct WAV MP3 Splitter

1.3% Using Microsoft PowerPoint

0.9% Surf on Search Portal websites



22:21 Total usage time during specified period

0:10 Hours of Web activity

0:00 Hours of Social activity

22:21 Hours of Apps usage

When you login to your portal for the first time you will be greeted with a tutorial. Follow along with the tutorial to get a feel for the information and features.

Rules Tab

The screenshot shows the 'Rules' tab selected in a parental control interface. The top navigation bar includes 'Activity summary', 'Social activity', 'Web activity', 'Activity timeline', and 'Rules'. Below this, a sub-navigation bar shows 'Web browsing rules' as the active section, with other options like 'Time usage limits', 'Application rules', 'Social monitoring', 'Calls and SMS', 'Location', and 'Panic Button'. The main content area is titled 'Website categories' and includes a description: 'Use this setting to allow or restrict your child's access to specific website categories, or to receive alerts when your child accessed a site in a specific category.' A toggle switch for 'Enable website category restrictions' is set to 'YES'. Below this, there are four columns of category buttons. The first two columns have green checkmarks, indicating they are allowed. The third and fourth columns have red minus signs, indicating they are blocked. The categories are: Educational, Government, Entertainment, Search Portal, News, Sports, Business, Health, Technology, Games, Travel, Religion, Shopping, Employment, Webmail, Forums, Social Network, Chat, File Sharing, Gambling, Loopholes, Violence, Weapons, Profanity, Mature Content, Pornography, Alcohol, Drugs, and Tobacco. At the bottom right, there is a link to 'set all as: Allow Alert Block Restore default values'.

Activity summary **Social activity** **Web activity** **Activity timeline** **Rules**

Web browsing rules Time usage limits Application rules Social monitoring Calls and SMS Location Panic Button

Website categories

Use this setting to allow or restrict your child's access to specific website categories, or to receive alerts when your child accessed a site in a specific category.

Enable website category restrictions **YES**

✓ Educational	✓ Technology	✗ Social Network	✗ Mature Content
✓ Government	✓ Games	✓ Chat	✗ Pornography
✓ Entertainment	✓ Travel	✓ File Sharing	✗ Alcohol
✓ Search Portal	✓ Religion	✗ Gambling	✗ Drugs
✓ News	✓ Shopping	✗ Loopholes	✗ Tobacco
✓ Sports	✓ Employment	✗ Violence	
✓ Business	✓ Webmail	✗ Weapons	
✓ Health	✓ Forums	✗ Profanity	

set all as: [Allow](#) [Alert](#) [Block](#)
[Restore default values](#)

Let's start looking at the Portal on the gray "Rules" tab at the right.

Clicking on the categories will "block" or "allow" them. The 10 default blocked categories are a good start. Adding a block for Social Network may be desired also.

In addition to allow or block there is a mid setting which is "alert". This setting will allow the website to be accessed but email you notice.

Website exceptions

Use this setting to override other access settings for specific websites you wish to monitor, block, or allow.

Add website exception

Allow ▾

Add

Domain

Show: All Domains (0)



No domain exceptions

Uncategorized websites

Use this setting to specify whether Qustodio should allow or block access to websites that cannot be categorized. Selecting "NO" ensures that no potentially harmful sites can be accessed.

Allow unknown websites

NO

Safe Search

Use this setting to specify whether Qustodio should limit search results to eliminate potentially harmful content.

Enforce Safe Search

YES

Blocked site notifications

Use this setting to specify whether Qustodio should send you a notification when websites are blocked.

Email me when a site is blocked

YES

Further down on the "Rules" tab are 4 settings. Both Blacklist and Whitelist websites can be added under the "Website exceptions" section.

It is recommended that the "Uncategorized websites" setting be "NO". This way any website that Qustodio has not rated is blocked.

"Safe Search" and "Blocked site notifications" should both be turned on with the "YES" setting.

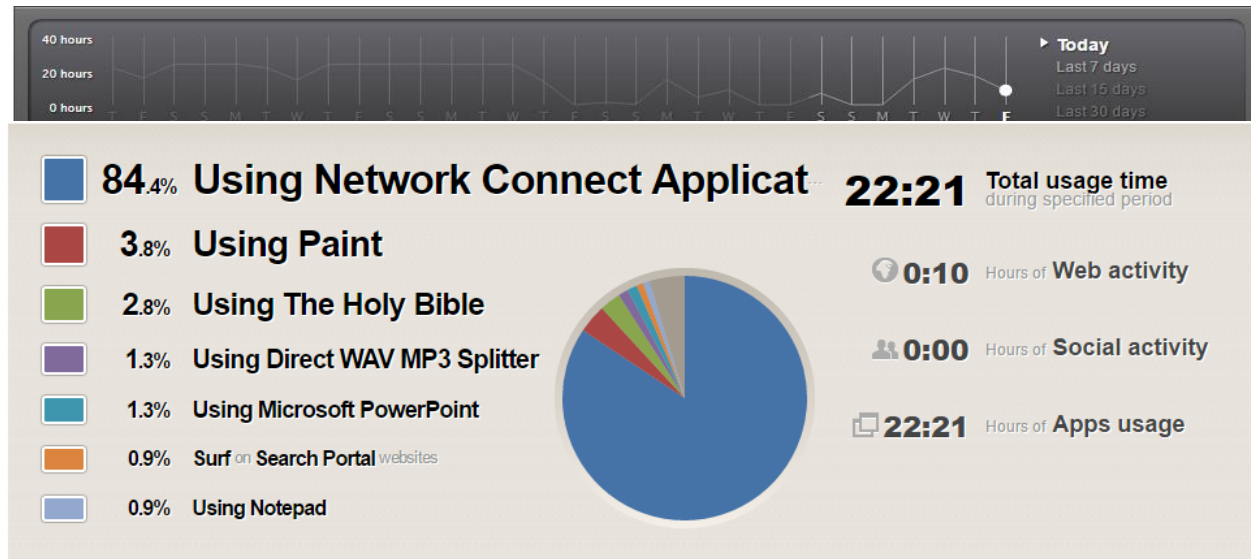
Next: Activity Summary Tab

This tab is broken up in 4 main parts. The first is a timeline of the number of hours the protected device was used.

The second is a list of applications used (not just the internet)

The third, a list of the internet searches performed






The fourth is a breakdown of three types of activities. Local applications, internet site and social media



Search activity

No Search activity for Billy during the specified period

Apps usage

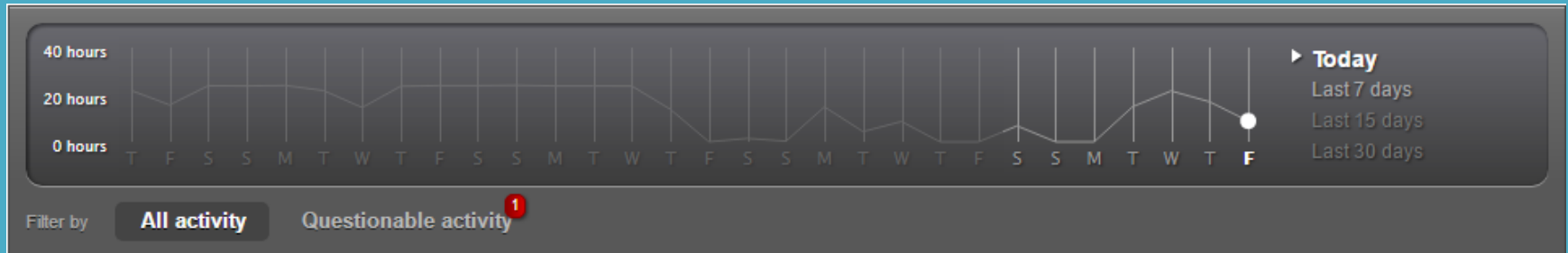
	Google C... version 54.0.2840.99	Time spent 11:16 hours
	Network Co... version 7, 0, 0, 18809	Time spent 9:37 hours
	Paint version 10.0.10586.0	Time spent 26 minutes
	The Holy Bible version 8.00	Time spent 19 minutes
	Direct WAV MP3 ... version 3.0	Time spent 9 minutes

Web activity

Google.com Search Portal Social Network Webmail Technology	Time spent 7 minutes
Dialogic.com	Time spent 3 minutes
Xaccelvoice.com	Time spent 3 minutes
Media-Aware.net Technology	Time spent 2 minutes
Foxnews.com News	Time spent 2 minutes

Social activity

No Social activity for Billy during the specified period



Note two things on the timeline.

1. Clicking between “Today” and “Last 7 Days” changes the scope of each report area
2. You can also switch from “All activity” to only show “Questionable activity”

Also, note that the time used indicators can be misleading. A computer left on all day may show almost 24 hours of use, even though it was idle much of that time. Next we'll see a more clear picture of the real time used, in the “Activity timeline” tab.

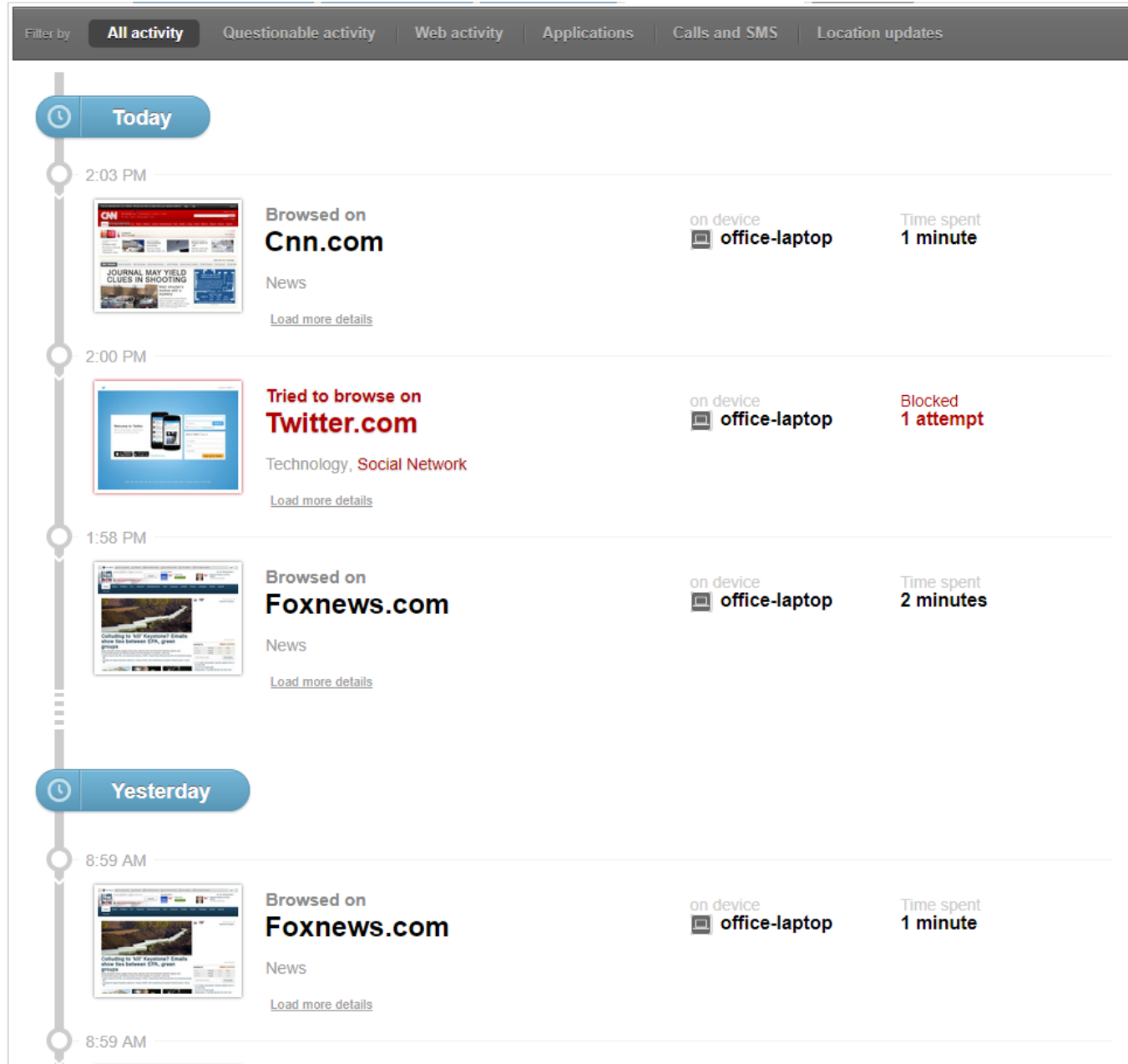
Next: Activity Timeline Tab

This tab shows each website visited, and the order and time they were visited.

This tab gives a better view of when the computer was used and when it ran idle.

Clicking “Load more details” will show you the exact URL of the website visited.

You can use the sub-tabs to focus on specific activity. For example you can focus only on “Questionable Activity”



By now you may have noticed that there are areas of your Family Portal that are unavailable.

There is a paid “premium” version of Qustodio (also a version for the smart phone) which will give you access to these areas.

Premium Plans do cost per year. But they also protect multiple devices, all under one Portal. Note: In no time at all you will receive a 10% off offer in your email.

Choose the Qustodio Plan that's right for your family

Plans built for Families of all sizes.

SMALL	MEDIUM	LARGE
For Small Families Protect up to 5 devices.	For Most Families Protect up to 10 devices.	For Large Families Protect up to 15 devices.
\$49.95 /Year	\$87.95 /Year	\$125.95 /Year
Was: \$54.95 - Save \$5	Was: \$102.95 - Save \$15	Was: \$155.95 - Save \$30
BUY NOW	BUY NOW	BUY NOW

Lastly: Daily Summary Emails

Each day you will receive a useful summary email for the previous day's activity. From it you can get a quick idea of recent online travels.

This information will be similar to what you see on your dashboard. It will also include an easy link, which will connect to your dashboard so you can see a full report

In these emails you will see a time/usage breakdown, 3 most frequently visited websites, and top 3 search terms.



Yesterday

Billy's Activity Summary

Quustodio Free

[UPGRADE NOW](#)

Internet usage breakdown:

Total usage time: 57 minutes

47.7%	Surf on Shopping websites
27.3%	Surf on Search Portals websites
5.7%	Surf on Entertainment websites
5.7%	Surf on News websites
5.7%	Surf on Technology websites
3.4%	Surf on Business websites



[READ THE FULL REPORT](#)

Top 3 used Apps

No apps activity

Top 3 visited websites

google.com Search Portals, Technology	Time spent 23 minutes
ebay.com Shopping	Time spent 21 minutes
wholesalegmpartsonli... Shopping	Time spent 11 minutes

[View more Web Browsing activity](#)

Appendix A

Qustodio Premium:

We've reviewed all the options in the free version of Qustodio.

But what other features do you get with the paid version?

Qustodio Premium:

The cost of Premium is \$49.95 per year but discounts are offered as soon as you sign up for the free version.

There is a paid "premium" version of Qustodio (also a version for the smart phone) which will give you access to these areas.

Premium Plans do cost per year. But they also protect multiple devices, all under one Portal. Note: In no time at all you will receive a 10% off offer in your email toward a premium subscription

The 3 high-level additions you get with the premium version are:

1. Protect multiple devices
2. Protect multiple children
3. Protect smart phones

Another great addition is time usage monitoring and even time limits.

Perhaps the best addition is the ability to track a smart phone. Contacts, calls, texts. Also location tracking. And even Facebook tracking.

The screenshot shows the Qustodio Premium web interface. The top navigation bar is blue with the Qustodio logo, the word 'Premium', a user profile icon labeled 'Hello', and a dropdown arrow. Below this is a dark grey bar with user profiles 'JIM' and 'BILLY' (highlighted with a red circle), and buttons for 'ADD PROFILE' and 'ADD DEVICE'. The main content area has a heading 'Protect a new device with Qustodio Family Portal' and a subtext 'Choose a download option below to protect a new device with Qustodio Family Portal.' There are two options: 'Protect this device' (with an icon of a smartphone, tablet, and monitor) and 'Protect a different device' (with an icon of a shield and a cloud). Red arrows point to each button.

Qustodio Premium

Hello

JIM BILLY + ADD PROFILE + ADD DEVICE

Protect a new device with Qustodio Family Portal

Choose a download option below to protect a new device with Qustodio Family Portal.

Protect this device

Protect a different device

Also, n

For any questions or suggestions please contact
your Modern Media Committee at:

modernconcerns@gmail.com

Further information regarding safety and Modern
Media can be found at:

www.tinyurl.com/mmcnj